

# Festival of Inclusion

5th-13th October 2018

## Our Cultural Heritage: Where the Past Meets the Future



**Diversity**  
Fashion Show

**Community**  
5k walk/run

dlr  
**Big Sing**

**Dementia**  
Awareness  
Talk

**Autism**  
Awareness  
& Acceptance

**Safety & Security**  
Older People  
Workshop

# Introduction

by An Cathaoirleach, Cllr. Ossian Smyth



Festival of Inclusion 2018 Our Cultural Heritage: Where the Past Meets the Future

I am delighted to have the opportunity to welcome you to our Festival of Inclusion 2018 “Our Cultural Heritage: Where the Past Meets the Future”.

Our County, with its diverse peoples and breath-taking views, is a melting pot of the past and the future: home to technology giants as well as historical societies, Dún Laoghaire-Rathdown is a unique place. We are home to people who were born in the area and to those who chose to make it their home, deciding to bring their families, their tradition and their heritage here. This meeting of culture and heritage is what makes Dún Laoghaire-Rathdown a stronger and more welcoming county.

Every October, Dún Laoghaire-Rathdown hosts Festival of Inclusion, a series of events which aim to highlight the excellent work undertaken county-wide by community groups and organisations. Each year we recognise, celebrate and enjoy the work carried out by the many volunteer and professional groups who continue to create positive outcomes, all the while enhancing the lives of families, friends and neighbours.

This year’s Festival includes three core dlr events those being, The Diversity Fashion Show taking place in the Nutgrove Shopping Centre on Friday the 5th of October, The Community 5K in Kilbogget Park on Saturday the 6th of October (which is celebrating its tenth year this year) and The Big Sing in the Dún Laoghaire Shopping Centre on Sunday the 7th of October. There are also many events hosted by community groups and organisations from around the county and we would encourage everyone to come along, participate and forge new connections.

I hope that many people will take the opportunity to visit the excellent exhibition of the Primary Schools Drawing Competition in County Hall. Pupils from schools in the county put in a lot of work, talent and love into their drawings and we are happy to be able to display them for all to enjoy.

I would like to take the opportunity to thank all the participants, hosts, community groups, volunteers and dlr partners for all their hard work and commitment during the Festival and throughout the year. I am looking forward to meeting you throughout the week.

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*Ossian Smyth*

Launch of  
Festival of Inclusion 2018

# Diversity Fashion Show

Fashion show for all ages and sizes. Fun for everyone



**FRIDAY 5<sup>TH</sup>  
OCTOBER**

Nutgrove  
Shopping Centre

Time:  
3.00pm - 4.00pm

For more information  
phone 01 205 4893  
or visit [events.dlrcoco.ie](http://events.dlrcoco.ie)



**Nutgrove**  
SHOPPING CENTRE



[nutgroveshoppingcentre.ie](http://nutgroveshoppingcentre.ie)



Festival of  
**Inclusion**



## What is "Irishness"?

### The Museum of Childhood

What does Irishness look like in the Dún Laoghaire of today? Join the Museum of Childhood Project Children's Rights Team and Ola Majekodummi to explore childhood and the diversity of Irishness. Participate in interviews, workshops and writings.

**Location:** Royal Marine Hotel, Marine Road, Dún Laoghaire, Co. Dublin

**Time:** 2.00pm to 5.00pm

**Contact:** f.donson@ucc.ie

## Sharing Culture and Traditions

### Dún Laoghaire Active Retirement Association

Sharing experiences of growing up in Ireland. Although we have a common Irish cultural heritage our traditions and customs are different, depending upon the part of the country from which we came. The crafts and skills we learned will have been determined by whether we lived in a rural or city area. Many traditions have been passed on from one generation to the next. We will remember and relive them through our story telling.

**Location:** The Boylan Centre, Sussex Street, Dún Laoghaire

**Time:** 2.30pm to 4.00 pm

**Contact:** g.m.lowe2@gmail.com

## Buggy Brigade

### dlr Leisure

All new parents are encouraged to join our Buggy Brigade for support and social interactions!

**Location:** Samuel Beckett Civic Campus, Ballyogan Ct, Ballyogan, Dublin 18, Co. Dublin

**Time:** 1.00pm

**Contact:** Reception 01 294 3880



**CORE CREDIT UNION  
dlr COMMUNITY**

**5K**

SAT

06

OCT

*Walk, Roll, Run, Have Fun*



**SATURDAY 6TH  
OCTOBER 2018**

**2.00PM | KILBOGGET PARK**

**REGISTER NOW**

[www.dlrsportspartnership.ie](http://www.dlrsportspartnership.ie)





### Age Friendly Afternoon Tea Cois Cairn Estate Management Forum

Come and join us for a cup of tea and a chat. Everyone welcome!

**Location:** Cois Cairn Youth & Community Facility, Cois Cairn,  
Old Connaught Avenue, Bray, Co. Wicklow

**Time:** 4.00pm

**Contact:** Cois Cairn Estate Management Forum  
01 282 3631 / coiscairnestman@yahoo.ie

### The Core Credit Union dlr Community 5K in Kilbogget Park

Celebrating a decade of fun and movement, the 5K is back in style to shake things up for its anniversary!

We'd love for the participants to dress up this year: superheroes, princesses, even villains! Bring your alter-ego with you as you run, roll, stroll, jog or walk around Kilbogget Park. With a DJ on hand, things are never boring at the 5K – don't miss it!

**Location:** Kilbogget Park

**Time:** 2.00pm

For more information please see page 5

### Teen Gym Sessions dlr Leisure

Gym sessions geared towards teenagers – all welcome!

**Location:** Samuel Beckett Civic Campus, Ballyogan Ct, Ballyogan,  
Dublin 18, Co. Dublin

**Time:** 2.00pm

**Contact:** Reception 01 294 3880

Core Credit Union and dlr present

# BIG SING

## SUNDAY 7<sup>TH</sup> OCTOBER

Dún Laoghaire Shopping Centre. Time: 2.00pm - 4.00pm



Dun Laoghaire Shopping Centre  
*The Heart of Dun Laoghaire*

Sing along to your favourite songs at our fun,  
**FREE**, family event featuring community  
choirs and a live orchestra



Festival of  
**Inclusion**



For more information phone  
01 205 4893 or visit  
[events.dlrcoco.ie](http://events.dlrcoco.ie)



### Meet The Neighbours Intercultural Tea Party Kilcross Estate Management

Kilcross Estate Management Forum are organising an afternoon tea party called "Meet Your Neighbour" themed event on Sunday October 7th 2018 as part of Dún Laoghaire - Rathdown County Council Social Inclusion Week. The aim of the day is to bring the community together and to link the different aspects of active citizenship through raising awareness, increasing participation and encouraging people to engage in the community, while enjoying a cuppa and cake. Everyone is welcome! (Children must be accompanied by parent / guardian)

**Location:** Kilcross Resource Centre, 1 Kilcross Way, Sandyford, Dublin 18

**Time:** 3.00pm to 6.00pm

**Contact:** Coleman.pauline@gmail.com

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### Zumba is a party everyBODY is invited Zumba Bee Happy

2 hours of Zumba - a seated and standing instructor on stage for every song – promoting inclusion through dance, exercise and music!

**Location:** Kill O'The Grange National School, Kill Ln, Kill of the Grange, Blackrock, Co. Dublin

**Time:** 2.00pm

**Contact:** fionamflavin@gmail.com



# Dementia

## Awareness Talk

Living Well with Dementia, HSE

**MON 8<sup>TH</sup> OCTOBER**

**Location:** Assembly Room, County Hall, Marine Road, Dún Laoghaire, Co. Dublin

**Time:** 10.30am

What is dementia, signs and symptoms, diagnosis, living well with dementia and what we can do as a community. *ISL interpreter will be in attendance.*



**Contact**

Community Department 01 205 4893 /  
[community@dlrcoco.ie](mailto:community@dlrcoco.ie)



### Living History Tour Dalkey Castle and Heritage Centre

Travel back to the 1500s with Living History actors: see the Archer, Cook and Barber Surgeon at work, learn about hedgehog pie and ancient remedies!

**Location:** Dalkey Castle & Heritage Centre, Castle Street, Dalkey, Co. Dublin

**Time:** 10.10am & 11.10am Booking Essential, **max 20 people per tour**

**Contact:** [margaret@dalkeycastle.com](mailto:margaret@dalkeycastle.com)

### Primary School Drawing Competition Prize-Giving Ceremony Dún Laoghaire-Rathdown County Council

The winners of the Primary Schools Drawing Competition are to be presented with their awards by An Cathaoirleach Cllr. Ossian Smyth in a prize giving ceremony.

**Location:** Assembly Hall, County Hall, Marine Road, Dún Laoghaire

**Time:** 4.00pm

**Contact:** Community Section 01 205 4893 / [community@dlrcoco.ie](mailto:community@dlrcoco.ie)

### Basic Spanish Lessons for All Association of Spanish-speaking Parents in Ireland

Join us for a free taster of Spanish lessons. No need to book, just drop in!

**Location:** Meeting Room 1, Level 3, dlr Lexicon, Moran Park, Haigh Terrace, Dún Laoghaire, Co. Dublin

**Time:** 10.00am to 11.00am

**Contact:** [www.aspi.ie](http://www.aspi.ie)



### English Language Conversation Groups Fáilte Isteach

Weekly English conversational classes for migrants working and living in Dún Laoghaire-Rathdown on a long-term basis.

**Location:** Brambles Café, Ground Floor, dlr Lexlcon Library, Haigh Terrace, Moran Park, Dún Laoghaire, Co. Dublin

**Time:** 5.45pm to 7.45pm

**Contact:** failteisteachdunlaoghaire@gmail.com

### Coffee and Culture Morning Sandyford Community Centre

Spruce up your morning cuppa with some culture. Join us and share your stories.

**Location:** Sandyford Community Centre, Lambs Cross, Sandyford, Co. Dublin

**Time:** 9.30am to 10.30am

**Contact:** Reception 01 295 9149

### Buggy Brigade dlr Leisure

All new parents are encouraged to join our Buggy Brigade for support and social interactions!

**Location:** Samuel Beckett Civic Campus, Ballyogan Ct, Ballyogan, Dublin 18, Co. Dublin

**Time:** 12.00pm

**Contact:** Reception 01 294 3880



**The Records of St. Michael's Dún Laoghaire and their relevance to family and local history**  
**Genealogical Society of Ireland**

A special Dún Laoghaire based lecture on how the records of St. Michael's are relevant to family and local history. An event for all, not just genealogy aficionados!

**Location:** Dún Laoghaire College of Further Education, 17 Cumberland St, Dún Laoghaire, Co. Dublin

**Time:** 8.00pm

**Contact:** tom.conlon@gmail.com

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**A Connected County: conversations on tackling loneliness in DLR**  
**Dún Laoghaire-Rathdown Public Participation Network**

Loneliness can affect people across all age groups and backgrounds and can have a profound effect on mental and physical health. This workshop will generate ideas on how community groups can work together to combat loneliness and social isolation. It will also highlight the work of groups who are tackling loneliness in DLR.

**Location:** St. John the Baptist Parish Centre, Blackrock, Co. Dublin

**Time:** 6.30pm to 9.30pm

**Contact:** laura@dlrppn.ie

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**Coffee Mornings as Gaeilge**  
**dlr Libraries**

Informal conversational Irish language sessions. All welcome!

**Location:** Brambles Café, Ground Floor, dlr Lexicon Library, Haigh Terrace, Moran Park, Dún Laoghaire, Co. Dublin

**Time:** 11.00am to 12.00pm

**Contact:** dlr Lexicon Staff 01 280 1147 / dlrllexiconlib@dlrcoco.ie



# SAFETY AND SECURITY of Older People Workshop

**TUES 9<sup>TH</sup> OCTOBER**

**Location:** Stillorgan Park Hotel **Time:** Registration at 10.00am  
Workshop starts 10.30am, projected finish 1.00pm

Crime Prevention – Focusing on Home Security, Garda Crime Prevention Officer Safety and Protection of the Older Person, HSE Safeguarding Team Senior Social Worker Safety and Falls Prevention in the Home, HSE Senior Physiotherapist



**Contact**  
Sergeant Georgina Reilly, 01 666 5900  
/ [georgina.s.reilly@garda.ie](mailto:georgina.s.reilly@garda.ie)



### Picture That Kilcross Resource Centre

An intergenerational event: older people from the community passing on their knitting skills to children in the area. All welcome.

**Location:** Kilcross Resource Centre, 1 Kilcross Way, Sandyford, Dublin 18, Co. Dublin

**Time:** 7.00pm

**Contact:** Reception 01 295 3259 / kilcrossrc@gmail.com

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### Active Exercise Free Taster Session dlr Leisure

Increase your mobility and flexibility through retirement. Free taster session with our qualified gym instructors.

**Location:** Samuel Beckett Civic Campus, Ballyogan Ct, Ballyogan, Dublin 18, Co. Dublin

**Time:** 11.00am

**Contact:** Reception 01 294 3880

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### Teen Gym Sessions dlr Leisure

Gym sessions geared towards teenagers – all welcome!

**Location:** Samuel Beckett Civic Campus, Ballyogan Ct, Ballyogan, Dublin 18, Co. Dublin

**Time:** 5.00pm

**Contact:** Reception 01 294 3880

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### Social Inclusion Coffee Morning Ballyogan Family Resource Centre

We would like to invite you to come along, bring a friend, bring a dish from your country, perhaps an old family recipe? All are welcome.

**Location:** Samuel Beckett Civic Campus, Ballyogan Ct, Ballyogan, Dublin 18, Co. Dublin

**Time:** 9.30am to 11.00am

**Contact:** Reception 01 295 3219 / ballyoganfrc@gmail.com

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# Autism Awareness

Acceptance and Inclusion in our Community

Talks by AsIAM and PRISM

**WEDNESDAY 10<sup>TH</sup> OCTOBER**

Location: County Hall, Marine Road, Dún Laoghaire, Co. Dublin Time: 7.30pm

Keynote speaker is Adam Harris, CEO of AsIAM. ISL interpreter will be in attendance

Contact Community Department 01 205 4893 /  
[community@dlrcoco.ie](mailto:community@dlrcoco.ie)





### International Women's Breakfast Women4Women Network, Southside Partnership dlr

Bring a dish, bring a friend. All women welcome. Creating intercultural space for all women in the county. Celebrating different cultures through food and art and crafts.

**Location:** Assembly Hall, County Hall, Marine Road, Dún Laoghaire

**Time:** 10.00am to 1.00pm

**Contact:** Rafika.kelly@sspship.ie

### Conkers Game and Autumnal Art Display Enable Ireland

A fun traditional game of 'Conkers' will take place in our centre, along with an Autumn Art Display. Tea/ Coffee/biscuits will be available!

**Location:** Enable Ireland, Methodist Church Hall, Northumberland Avenue, Dún Laoghaire

**Time:** 11.15am to 1.00pm

**Contact:** 01 284 5808 / gmorris@enableireland.ie

### Community Information Fair Holly House and LBS Men's Shed

Organised by the Loughlinstown Ballybrack Shanganagh Men's Shed and Southside Partnership Holly House this event offers fun related activities for everyone living in the area. Taster sessions in art, music, dance, mindfulness, yoga, healthy eating, our work, adult education opportunities and supports back into the workforce. Face painters available to entertain the young children. There will be lots of opportunities to meet neighbours and friends over a cuppa!

**Location:** Loughlinstown Community Rooms, rear of Loughlinstown Shopping Centre, Loughlinstown, Co. Dublin

**Time:** 10.00am to 12.00pm

**Contact:** 01 706 0100 / sandra.king@sspship.ie





### Coffee Morning

#### Older People's Network and DLR Ethnic Minority Integration Forum

Older People's Network and DLR Ethnic Minority Integration Forum would like to invite you to join them for a cup of coffee, a chat and socialising possibilities.

**Location:** Crosscare Community Café, Eblana Avenue, Dún Laoghaire, Co. Dublin

**Time:** 10.30am to 11.30am

**Contact:** dlr Community Department 01 205 4893 / community@dlrcoco.ie

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### Social Inclusion Coffee Event

#### Moreen Blackthorn Estate Management & Moreen Blackthorn Network Stitch & Knit Group

A cup of tea or coffee, yarn, knitting needles and great company – join our social inclusion event to get to know people in our area and maybe pick up a new skill!

**Location:** St. Mary's Clubhouse, Moreen Avenue, Dublin 18

**Time:** 1.00pm

**Contact:** Moreen Blackthorn Estate Management  
mb.estatemanagement@gmail.com

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### Finding Your Ancestors

#### Genealogical Society of Ireland

Join us for advice on how to build your family tree, find relations in the past and possibly reconnect with ones abroad!

**Location:** Archive and Research Centre, Genealogical Society of Ireland, rear of Loughlinstown Leisure Centre, Loughlinstown Avenue, Loughlinstown, Co. Dublin

**Time:** 10.00am to 4.00pm

**Contact:** tom.conlon@gmail.com

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### Dementia Information Sessions

#### St. Michael's Hospital

Are you worried about your or a family member's memory? Please join us if you'd like some professional advice.

**Location:** Outside Canteen, St. Michael's Hospital, Georges Street, Dún Laoghaire, Co. Dublin

**Time:** 12:00pm to 2:00pm

**Contact:** Memory Harbour 01 268 0392



### Well Dance for Seniors Dance Theatre of Ireland

*Well Dance for Seniors* is an extremely popular programme for seniors, providing exercise through dance and fantastic music. Chairs available for sitting down when tired!

**Location:** Bloomfields, Lower Georges Street, Dún Laoghaire, Co. Dublin

**Time:** 11.00am to 12:30pm

**Contact:** Loretta Yurick 01 280 3455 / [danceire@iol.ie](mailto:danceire@iol.ie)

### Learn How Community Based Support Can Help in Your Area Purple House Cancer Support

Purple House Cancer Support provide a wide range of emotional and practical support to people living with cancer and their families in the area.

**Location:** dlr Lexicon, Moran Park, Haigh Terrace, Dún Laoghaire, Co. Dublin

**Time:** 11.00am

**Contact:** [conor.oleary@purplehouse.ie](mailto:conor.oleary@purplehouse.ie)

### Dementia Information Sessions St. Vincent's Hospital

Are you worried about your or a family member's memory?

Please join us if you'd like some professional advice.

**Location:** St. Vincent's Hospital, 196 Merrion Road, Elm Park, Dublin 4, Co. Dublin

**Time:** 12:00pm to 2:00pm

**Contact:** Memory Harbour 01 268 0392

### Dementia Information Sessions Loughlinstown Hospital

Are you worried about your or a family member's memory? Please join us if you'd like some professional advice.

**Location:** St. Columcille's Hospital, Loughlinstown, Co. Dublin

**Time:** 12:00pm to 2:00pm

**Contact:** Memory Harbour 01 268 0392



### Travellers Standing at the Crossroads Southside Travellers Action Group

A forum based event with audience Q+A. Forum delegates will discuss areas of Traveller culture, history, ethnicity and health.

**Location:** The Studio, dlr Lexlcon, Haigh Terrace, Moran Park,  
Dún Laoghaire, Co. Dublin

**Time:** 1.30pm to 5.30pm

**Contact:** 01 295 7372 / info@southsidetravellers.ie

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### Exploring Social Enterprise Southside Partnership

A one stop-shop event for talks, showcases and networking for all those interested in making a difference through social enterprises and groups. Event open to all!

**Location:** Blackrock Education Centre, Kill Avenue, Dún Laoghaire

**Time:** 6.15pm to 8.30pm

**Contact:** 01 706 0100 / helena.oneill@sspship.ie

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### Community Gardai and Older Persons dinner and sing song, Ballybrack/Killiney Older Persons An Garda Síochána

Positive engagement & improvement in the wellbeing of older persons experiencing loneliness and/or isolation. **Invitation only.**

**Location:** The Club Public House, Coliemore Road, Dalkey, Co. Dublin

**Time:** 7.30pm

**Contact:** Sergeant Georgina Reilly, Shankill Garda Station  
01 666 5900 / georgina.s.reilly@garda.ie

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### Intergenerational Exercising Together Extend

Chair exercises for the elderly – and children from the neighbouring school! For more information contact us directly.

**Location:** Sandyford Community Centre, Lambs Cross, Sandyford, Co. Dublin

**Time:** 2.30pm to 3.30pm

**Contact:** Reception 01 295 9149



### SOS (Suicide or Survive) Tea & Talk Shanganagh Park House

If you've ever been affected by suicide, or know someone who might be at risk, this event might be of help. Fundraising cake sale on the day to raise funds for suicide prevention.

**Location:** Shanganagh Park House, Rathsallagh Avenue, Shankill, Co. Dublin

**Time:** 9.00am to 12.00pm

**Contact:** Reception 01 282 7694 / sphmanagement@eircom.net

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### Bingo for Recycled Teenagers Shanganagh Park House

Indulge your competitive stamping skills at this exciting event. Cake sale will also be held, all proceeds going to SOS.

**Location:** Shanganagh Park House, Rathsallagh Avenue, Shankill, Co. Dublin

**Time:** 2.00pm to 4.00pm

**Contact:** Reception 01 282 7694 / sphmanagement@eircom.net

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### Active Exercise Free Taster Session dlr Leisure

Increase your mobility and flexibility through retirement. Free taster session with our qualified gym instructors.

**Location:** Samuel Beckett Civic Campus, Ballyogan Ct, Ballyogan, Dublin 18, Co. Dublin

**Time:** 11.00am

**Contact:** Reception 01 294 3880

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### Teen Gym Sessions dlr Leisure

Gym sessions geared towards teenagers – all welcome!

**Location:** Samuel Beckett Civic Campus, Ballyogan Ct, Ballyogan, Dublin 18, Co. Dublin

**Time:** 5.00pm

**Contact:** Reception 01 294 3880





### Cake Sale!

#### ABA Preschool & Mother & Toddler Neverland Playday

Enjoy scrumptious and delicious cakes and other baked goodies while helping people! All proceeds will go to Autism Ireland.

**Location:** Stonebridge Community Facility, 7 Stonebridge Grove, Shankill, Co. Dublin

**Time:** 9.30am

**Contact:** Reception 01 282 4355 / info@stonebridge.ie

### Halloween Garden Displays

#### Cintra Gardens, St. John of God Community Services

Halloween Decorations from the garden. Join the horticulture team for a hands-on workshop/demonstration using plant material from the garden to create unusual and beautiful Halloween decorations and table arrangements.

**Location:** 167 Upper Glenageary Road, Dún Laoghaire, Co Dublin

**Time:** 10.00am to 12.00pm

**Contact:** Bairbre.osullivan@sjog.ie

### Living Well With Dementia Activities

#### Living Well With Dementia

12:15pm to 1:15pm, 1:45pm to 2:45pm – Physical Exercise

12:15pm to 1:15pm, 1:45pm to 2:45pm – Art Group

12:30pm to 1:30pm – Movement to Music

3:00pm to 3:30pm – Sweet Memories Choir

**Location:** The Memory Harbour, Clonskeagh Hospital Grounds, Vergemount, Dublin 6

**Time:** 12:15pm – 1:15pm, 1:45pm – 2:45pm

**Contact:** 01 706 0100 / info@livingwellwithdementia.ie



### Accessible Gym Demonstration dlr Leisure

dlr Leisure Ballyogan has a range of fully accessible fitness equipment and recently added a 6 station functional resistance range to the facility. We provide several options of accessibility to our facility and training programmes.

**Location:** dlr Leisure Ballyogan

**Time:** 10.00am and 2.00pm

**Contact:** dlr Leisure 01 294 3880 / ddowney@dlrleisure.ie

### Buggy Brigade dlr Leisure

All new parents are encouraged to join our Buggy Brigade for support and social interactions!

**Location:** Samuel Beckett Civic Campus, Ballyogan Ct, Ballyogan,  
Dublin 18, Co. Dublin

**Time:** 1.00pm

**Contact:** Reception 01 294 3880

### Over 50s Social Gathering Loughlinstown Community Rooms

Drop by for a jive and a plate. This event includes intercultural food and music to bop around to.

**Location:** Loughlinstown Community Rooms, Rear of Loughlinstown  
Shopping Centre, Loughlinstown, Co. Dublin

**Time:** 8.00pm to 11.00pm

**Contact:** Reception 01 272 0289

### Film Friday Sandyford Community Centre

Join us for a screening of Wizard of Oz – make sure to dress up as there will be prizes for best adult and best child costumes for each character!

**Location:** Sandyford Community Centre, Lambs Cross, Sandyford, Co. Dublin

**Time:** 6.30pm to 8.30pm

**Contact:** Reception 01 295 9149



## Finding Your Ancestors Genealogical Society of Ireland

Join us for advice on how to build your family tree, find relations in the past and possibly reconnect with ones abroad!

**Location:** Archive and Research Centre, Genealogical Society of Ireland, rear of Loughlinstown Leisure Centre, Loughlinstown Avenue, Loughlinstown, Co. Dublin

**Time:** 2.00pm to 5.00pm

**Contact:** tom.conlon@gmail.com



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## Rhythm Club

### Patrician Community Centre in conjunction with dlr Arts Office

Rhythm Club is a new movement and sound club open to all ages and abilities. Families are welcome. There will be an ISL interpreter at each session.

**Location:** Patrician Community Centre, Patrician Villas, Stillorgan, Co. Dublin

**Time:** 2.30pm to 3.45pm

**Contact:** Arts Office 01 236 2756 / artbookings@dlrcoco.ie

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## Tovertafel "Magic Table" Demonstration dlr Libraries

The Tovertafel helps people with dementia be more active and to create moments of happiness. Join us for a free demonstration!

**Location:** Deansgrange Library, Clonkeen Drive, Deansgrange, Co. Dublin

**Time:** 11.00am to 12.00pm

**Contact:** Deansgrange Library 01 285 0860 / deansgrangelib@dlrcoco.ie

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## Meet Your Neighbour Tea Party Meadowlands-Fitzgerald Park Estate Management Forum

**Location:** Mounttown Community Facility (Room 6)

**Time:** 12.00pm to 2.00pm

**Contact:** meadowlandsfitzgeraldpark@gmail.com



### Healthy Eating: Community Brunch Sandyford Community Centre

Join us for a light, healthy community brunch. Food provided, all welcome, registering is essential, just call our reception.

**Location:** Sandyford Community Centre, Lambs Cross, Sandyford, Co. Dublin

**Time:** 12.00pm to 1.00pm

**Contact:** Reception 01 295 9149

### Light Up the Night Kilcross Resource Centre

Remembering all from the community and welcoming all cultures into the community.

**Location:** Kilcross Resource Centre, 1 Kilcross Way, Sandyford, Dublin 18, Co. Dublin

**Time:** Please enquire at the centre

**Contact:** Reception 01 295 3259 / kilcrossrc@gmail.com

### Meet Your Neighbour Cois Cairn Youth and Community Facility

Meet your neighbours over a cup of tea or coffee and a few biscuits. All welcome!

**Location:** Cois Cairn Youth and Community Facility, Cois Cairn, Old Connaught Avenue, Bray, Co. Wicklow

**Time:** 11.00am to 1.00pm

**Contact:** Reception 1 239 0884

### Teen Gym Sessions dlr Leisure

Gym sessions geared towards teenagers – all welcome!

**Location:** Samuel Beckett Civic Campus, Ballyogan Ct, Ballyogan, Dublin 18, Co. Dublin

**Time:** 2.00pm

**Contact:** Reception 01 294 3880





05  
OCT  
TO  
13  
OCT

## DAILY EVENTS

### PopUp Shop – Arts and Crafts RehabCare

Community PopUp Shop to showcase and sell work by people who attend RehabCare and other artists. This incorporates paintings, ceramics, crafts, books, knitwear and much more.

**Location:** dlr PopUp Shop, Unit 213B Dún Laoghaire Shopping Centre,  
Georges Street Upper, Dún Laoghaire

**Time:** 10.00am to 4.00pm daily

**Contact:** 01 202 0443 / francine.winters@rehabcare.ie

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### Dún Laoghaire Re-Assembled Dún Laoghaire Past and Present Facebook Group

Hundreds of rare photos of old Dún Laoghaire – places, people and events brought together by the 8,000 members of the Facebook site “Dún Laoghaire Past and Present” spread throughout the world. The set of photos on view will change throughout the festival – so log in as often as you wish.

**Location:** Online event, Facebook Group

**Contact:** tom.conlon@gmail.com

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### Open Day Dún Laoghaire Men’s Shed

Come and see our facilities and enjoy some activities DLMS offers (Wood turning, Water Colour Painting, Wood work, Horticulture) and have a cup of tea/coffee with a chat.

**Location:** The Coach House, rear DEC Church, Glenageary Road Lower,  
Glenageary, Co. Dublin

**Time:** Mon, Wed, Fri 2-5pm; Mon, Wed 7-9pm; Tues, Thur 10-1pm

**Contact:** 01 280 9066

05  
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OCT



### Neighbourhood Week Islamic Cultural Centre of Ireland

Craftsmen from Morocco displaying their craft in motion. Local artists, henna tattooing, ethnic food stalls. All welcome!

**Location:** 19 Roebuck Road, Clonskeagh, Dublin 14

**Time:** 5th to 12th October, 12.00pm to 5.00pm

**Contact:** 01 208 0000 / [summayah@islamireland.ie](mailto:summayah@islamireland.ie)

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### Primary Schools Drawing Competition Exhibition

Come and enjoy the wonderful Drawing Competition entries sent in by pupils from schools in the County!

**Location:** County Hall, Marine Road, Dún Laoghaire, Co. Dublin

**Time:** 9.00am to 5.00pm

**Contact:** Community Section 01 205 4893 / [community@dlrcoco.ie](mailto:community@dlrcoco.ie)

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### Street Feast Photography Exhibition

Stroll along and have a gander at pictures from Street Feasts from all over the county.

**Location:** Nutgrove Shopping Centre, Nutgrove Ave, Rathfarnham, Co. Dublin

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### Blazing a Trail: Irish Women Who Changed the World dlr Libraries

The women in this vibrant exhibition, which celebrates the centenary of votes for women in Ireland and the women who fought to change history, have excelled in the arts and entertainment, science and medicine, politics, sports, aviation and adventure. Find out more about these remarkable Irish women!

**Location:** dlr Lexicon, Moran Park, Haigh Terrace, Dún Laoghaire, Co. Dublin

**Time:** During library opening hours

**Contact:** dlr Lexicon Staff 01 280 1147 / [dlrlexiconlib@dlrcoco.ie](mailto:dlrlexiconlib@dlrcoco.ie)



08  
OCT  
TO  
12  
OCT

## ART EXHIBITIONS AND INFORMATION STANDS

County Hall, Marine Rd, Dún Laoghaire

### Acquired Brain Injury Art Exhibition

Contact: 01 280 4164 /  
tbissett@abiireland.ie

### Age Friendly Ireland

Contact: info@agefriendlyireland.ie

### Association of Spanish-speaking Parents in Ireland

Contact: www.aspi.ie

### BeLonG To

Contact: 01 670 6223 / info@belongto.org

### Comhairle na nÓg

Contact: Community and Cultural  
Development Department, DLRCO  
01 205 4893 / community@dlrcoco.ie

### DLR Community Addiction Team

Contact: 01 217 6140

### DLR Disability & Consultation Group

Contact: Partnership Office, DLRCO  
01 204 7237 / jmurphy@dlrcoco.ie

### DLR Public Participation Network

Contact: 01 706 0100

### DLR Sports Partnership

Contact: Blackrock Office 01 209 0610

### Dún Laoghaire Art Group

### Dún Laoghaire-Rathdown Ethnic Minority Integration Forum

Contact: info@dlrintegration.ie

### Eye Contact Art Group

### Garda Older Person's Association

Contact: 01 666 5020 / 01 666 5057

### Health Executive Services

Contact: 1850 24 1850 / 041 685 0300  
www.hse.ie

### Irish Naturist Association

Contact: www.irishnaturism.org

### Local Enterprise Office

Contact: Local Enterprise Office, DLRCO  
01 204 7083

### Outhouse

Contact: 01 873 4999 / info@outhouse.ie

### Purple House Cancer Support

Contact: 01 286 6966 /  
info@purplehouse.ie

### UCD (Access and Lifelong Learning)

Contact: www.ucd.ie/adulted



For updated events list visit [events.dlrcoco.ie](https://events.dlrcoco.ie) or call 01 205 4893